

# Community Services Boards and Detention Pilots Mental Health Needs of Juvenile Offenders

Presentation to

**The Commission on Youth**

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Department of Mental Health, Mental Retardation and  
Substance Abuse Services

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Office of Child and Family Services

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# Background

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- In December 2002, the Department of Criminal Justice Services posted grant guidelines for State and/or local agencies to apply for grants with federal funds they administer.



# Grant Priorities

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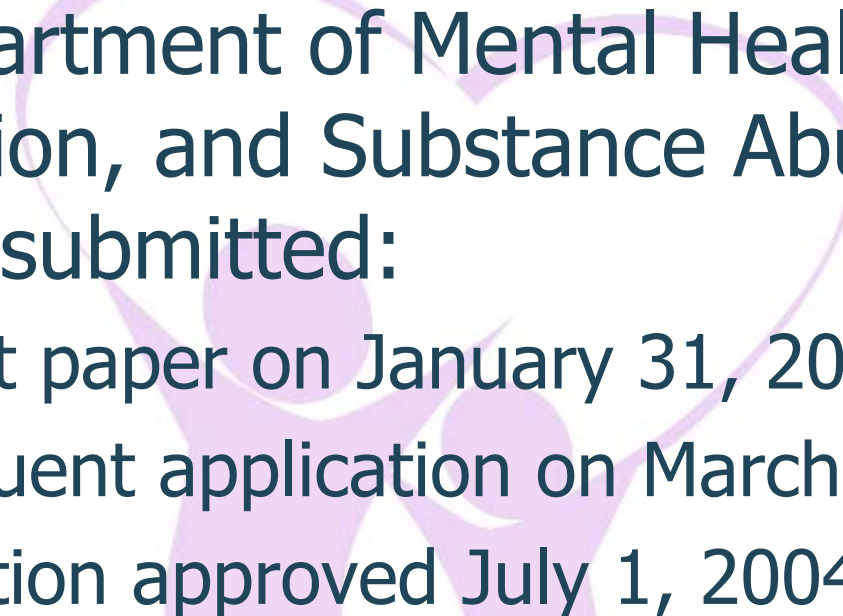
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- 1. Alternatives to Detention
  - 2. Mental Health Needs of Juvenile Offenders
  - 3. Pre/post Disposition or Aftercare Services

# Mental Health Needs of Juvenile Offenders – Priority 2

- Provided opportunities for State Agencies to develop, enhance or deliver community-based programs/services that responded to the mental health needs of juvenile offenders.
- The Department collaborated with the Detention Centers and the Community Services Boards to develop the application.

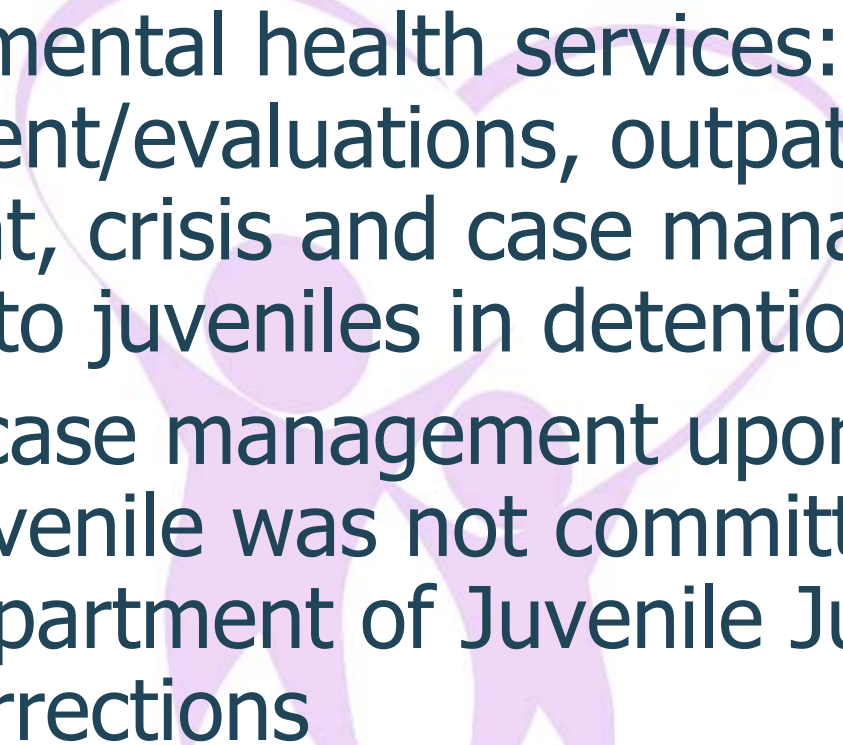


# Application Approval Process

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- The Department of Mental Health, Mental Retardation, and Substance Abuse Services submitted:
    - Concept paper on January 31, 2003
    - Subsequent application on March 31, 2004
    - Application approved July 1, 2004

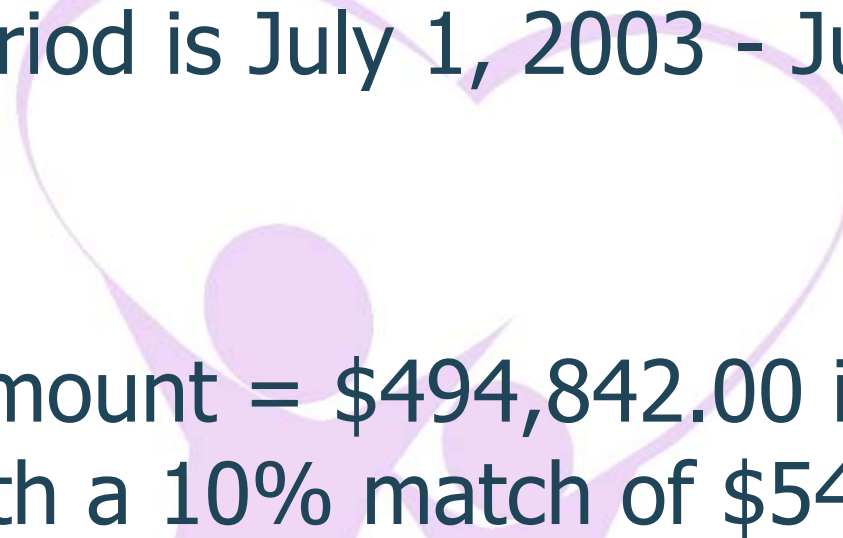


# Purposes of Grant

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- Provide mental health services: assessment/evaluations, outpatient treatment, crisis and case management services to juveniles in detention
  - Provide case management upon discharge if the juvenile was not committed to the State Department of Juvenile Justice, or State Corrections



# Grant Award

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- Grant period is July 1, 2003 - June 30, 2004.
  - Award amount = \$494,842.00 in federal funds with a 10% match of \$54,988.00.



# Allocations \*

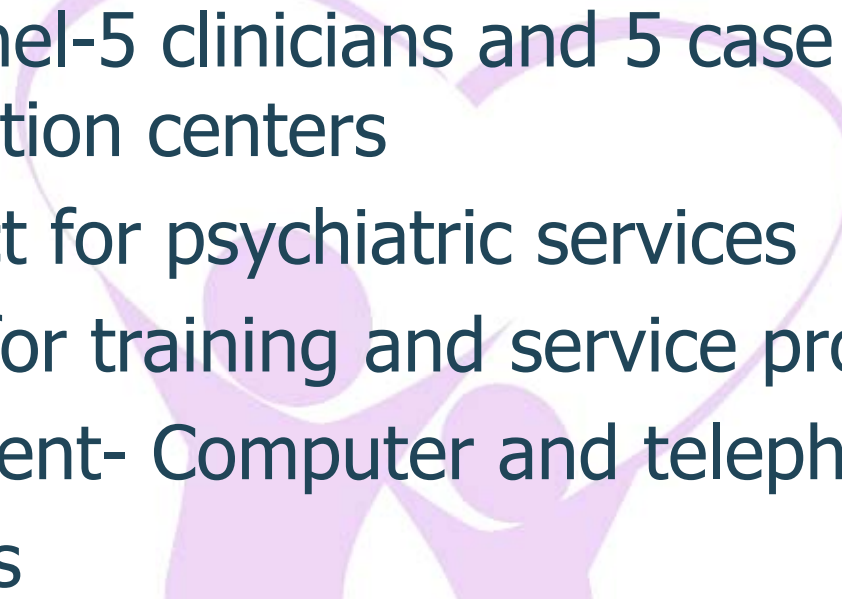
- 3 Rural sites- \$104,973 for each site
- 2 Urban sites - \$103,973.00 for each site
- DMHMRSAS- \$26,960

\* Includes 10% Match



# CSB/Detention

## Approved Allocations

- Personnel-5 clinicians and 5 case managers in 5 detention centers
  - Contract for psychiatric services
  - Travel for training and service provisions
  - Equipment- Computer and telephone, and
  - Supplies
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# Department Approved Allocation

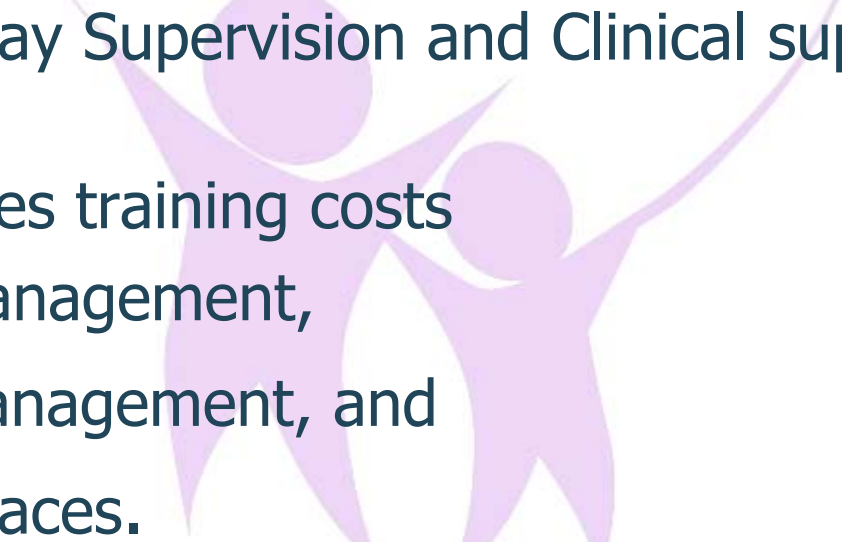
- The Department is allocated about 5% of funds with a 10% match to provide training (training consultants, training materials and logistics for day and overnight training for project staff/detention/CSB staff) and networking opportunities.



# In-Kind Contributions



## Detention Centers, CSBs and DMHMRSAS

- Day to Day Supervision and Clinical supervision of staff
  - In-services training costs
  - Grant management,
  - Fiscal management, and
  - Office spaces.
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## 3 Pilot Sites in Rural Areas

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- Highlands Juvenile Detention Center – Planning District One through Frontier Health
  - Shenandoah Detention Center – Valley Community Services Board
  - Piedmont Detention Center – Crossroads Community Services Board
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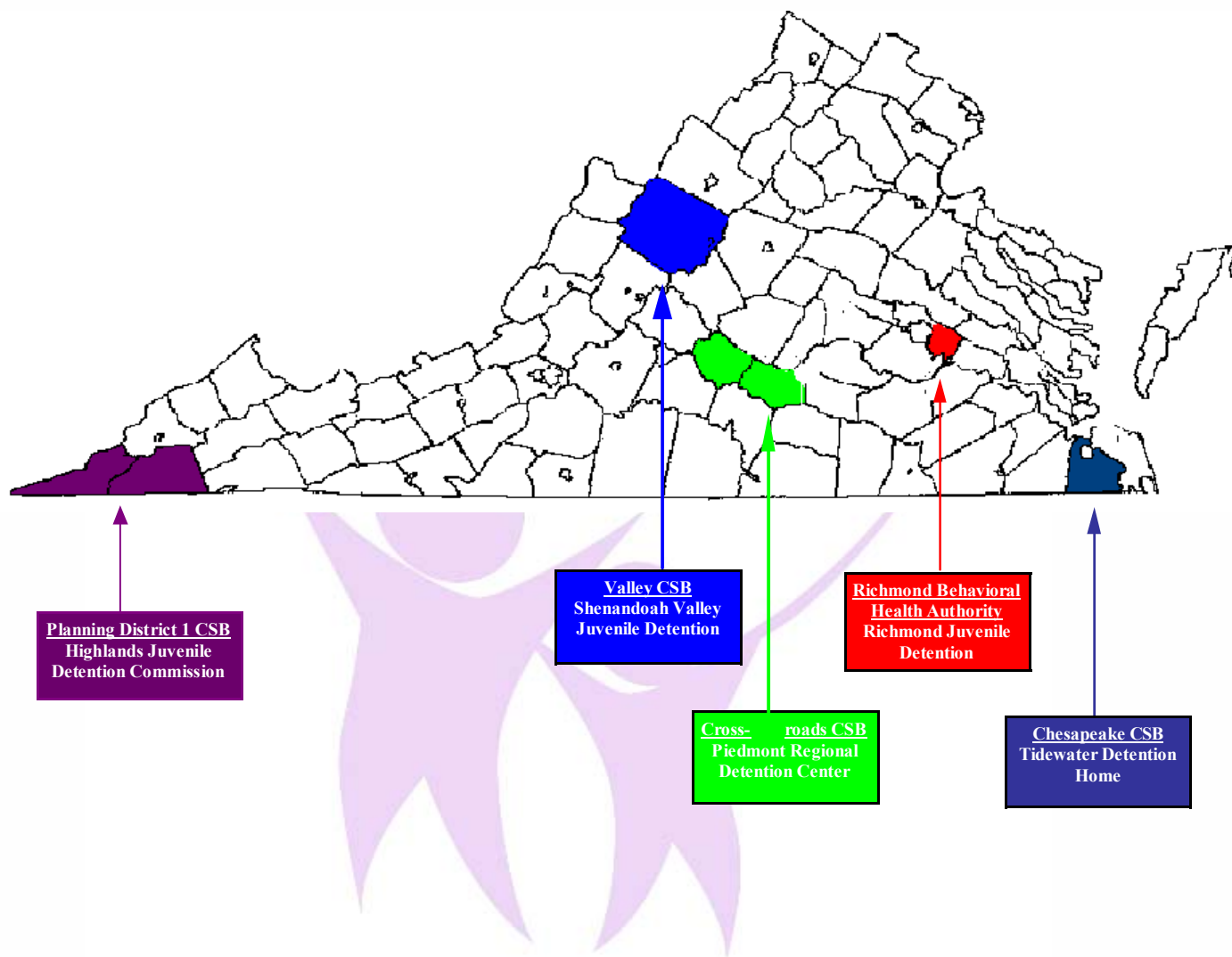
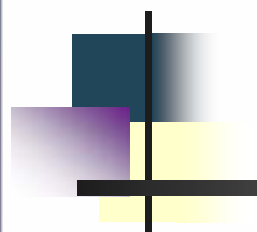


## 2 Pilot sites in Urban Areas

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- Richmond Detention Center/Richmond Department of Juvenile Justice- Richmond Behavioral Health Authority
  - Tidewater Detention Center – Chesapeake Community Services Board

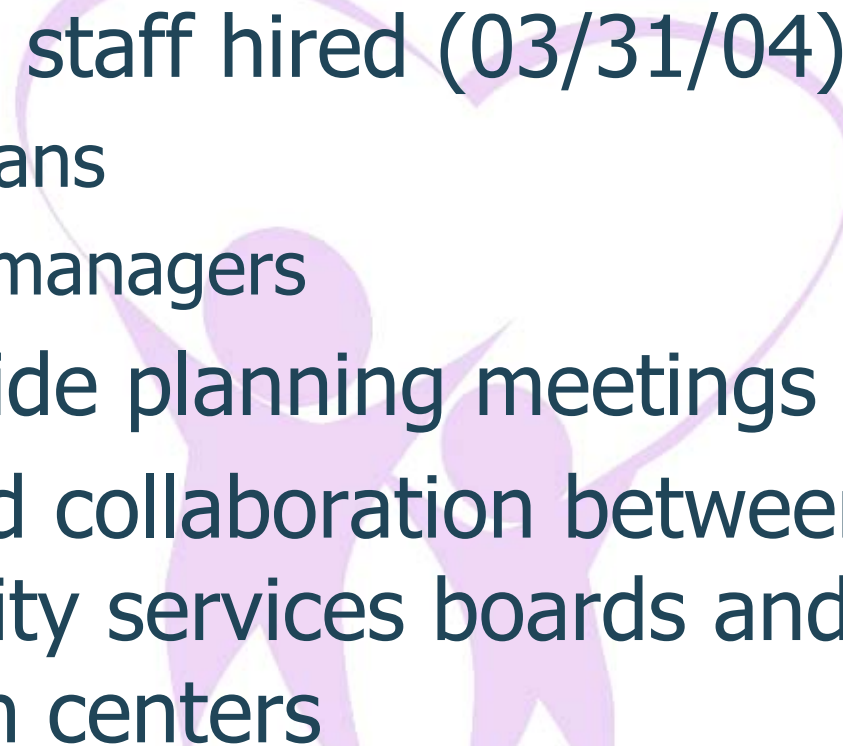
## PILOT SITES

### Community Services Boards/Detention Centers





# Grant Accomplishments

- 
- 9 project staff hired (03/31/04)
    - 5 clinicians
    - 4 case managers
  - 2 statewide planning meetings
  - Improved collaboration between the community services boards and the detention centers

# Grant Accomplishments cont.

- Collaborative planning by CSBs and detention centers management staff
- Collaborative provision of in-kind supports by CSBs and detention
- Juveniles are receiving Mental Health and Substance Abuse Services in the detention centers:
  - assessments,
  - case management,
  - crisis intervention services, and
  - outpatient mental health services.



# Site Accomplishments



## PD1/Highlands

- Assessing behaviors, drug and alcohol abuse and dependence, family issues, and evaluating emotional issues including suicide ideation
- Implementing three groups- Interpersonal Skills, Alcohol and Other Drug Education and Treatment and Anger Management
- Providing Psychiatric treatment in detention center



## Valley/Shenandoah

- Reducing inpatient acute care beds use at Commonwealth Center for Children and Adolescents
- Providing psychiatric services in detention center
- Providing group services to juveniles



# Site Accomplishments (cont.)

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## **Piedmont/Crossroads**

- Improving continuity of treatment needs of youth known to CSB while in detention
- Determining best utilization of project staff with detention census



## **TDC/Chesapeake**

- Developing a manual to better use existing and new staff

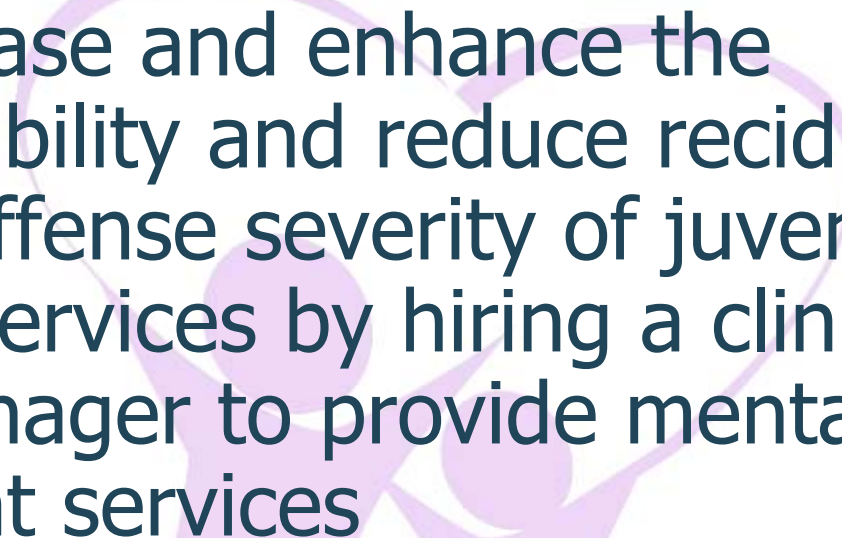


## **RDC/RBHA**

- Improving relationships between staff and juveniles to determine needs
- Collaborating within system services
- Collaborating with parents



# Expected Outcomes

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- 1. Increase and enhance the accountability and reduce recidivism and/or offense severity of juvenile that receive services by hiring a clinician and case manager to provide mental health treatment services

Status: Ongoing for Year 1



# Juveniles Served by Quarter

03/31/04

<b>Detentions/CSBs</b>	<b>1<sup>st</sup> Qtr.</b>	<b>2<sup>nd</sup> Qtr.</b>	<b>3<sup>rd</sup> Qtr.</b>
Highlands Juvenile Detention Center – Planning District One CSB	44	44	128
Shenandoah Detention Center – Valley CSB	39	72	110
Piedmont Detention Center – Crossroads CSB	23	47	54
Richmond Detention Center- RBHA	151	145	120
Tidewater Detention Center – Chesapeake CSB	-	-	-
<b>Totals:</b>	257	308	412



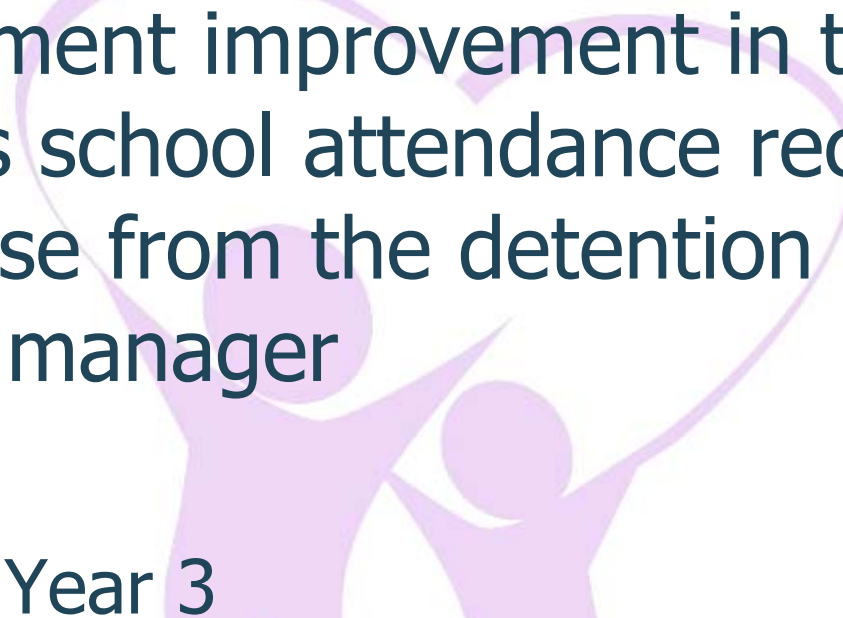
# Expected Outcomes

- 2. Provide continuity of care for juveniles to receive treatment at the CSB after their release from detention through the use of the case manager

Status: Year 2



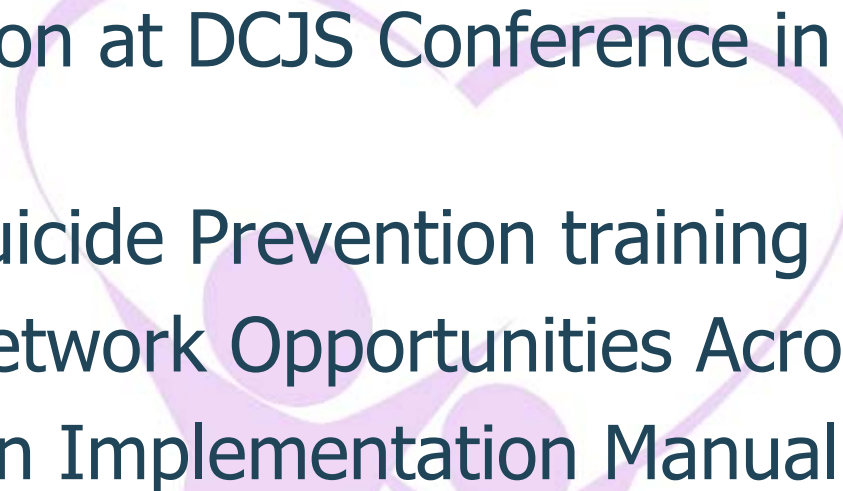
# Expected Outcomes

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- 3. Document improvement in the juvenile's school attendance record after the release from the detention center by the case manager
    - Status: Year 3



# Other Work Plan Activities

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- Presentation at DCJS Conference in June 14-16, 2004
  - Provide Suicide Prevention training
  - Provide Network Opportunities Across Sites
  - Develop an Implementation Manual



# Grant Challenges

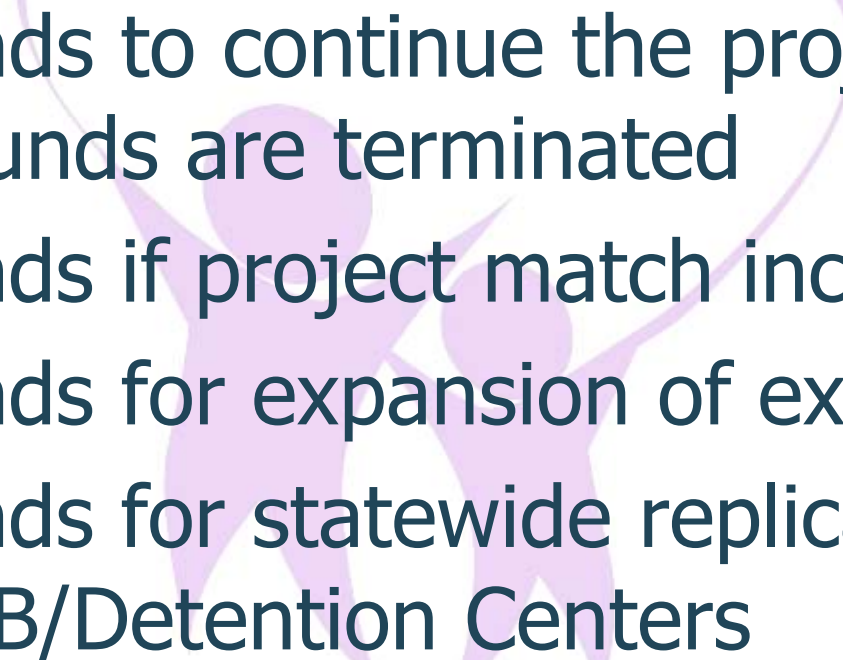
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- Start-up Implementation across five sites
  - Post Discharge Case Management
  - Community Continuity of Services after discharge from detention
  - Grant Sustainability
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# Future Sustainability Needs

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- State funds to continue the projects if federal funds are terminated
  - State funds if project match increases
  - State funds for expansion of existing pilots
  - State funds for statewide replication in other CSB/Detention Centers



# For More Information

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